Lucio Menta was born in Velletri (RM) on 13 December 1976. Since July 2022, he has been the Chief Investment Officer of Rete Ferroviaria Italiana.

In 2025, he was appointed Extraordinary Government Commissioner within the Salerno - Reggio Calabria railway line high-speed upgrading project.

After graduating with top marks in Civil Engineering from Rome's 'La Sapienza' University, he held managerial positions of increasing importance within the FS Italiane Group during his career.

He began in the electronic manufacturing company Celestica Italia S.p.A., established after IBM S.p.A. corporate reorganization (2000 - 2003), by carrying out evaluations and monitoring international electronic component and device suppliers. Then he joined the engineering company Italferr S.p.A. as Design Engineer, contributing to the development of major railway infrastructure projects.

At the beginning of 2004, he moved to Rete Ferroviaria Italiana S.p.A., dealing first with the development of the Level Crossings Elimination Programme and the National Railway Infrastructure Noise Abatement Plan, and then with the development of strategic railway projects in central Italy.

In 2016, he was entrusted with the design and deployment of the Naples-Bari route and other important investments in Southern Italy.

In 2020, he was appointed Director of the HS/HC Department, part of Rete Ferroviaria Italiana Investment Department.

Over the years, he worked alongside the Association of Engineers of the Province of Rome and several volunteering associations.